I feel I am strong in the areas of \_\_\_\_\_.

1. To learn new things.
2. To play Cricket
3. To commmunicate with new people and work in group

I think I am weak in the areas of \_\_\_\_\_.

1. Not be able to do multiple task at a time.
2. I am little bit short temper , so I have also work on my anger issue.

I learn best when I \_\_\_\_\_.

1. When I have understand the topic and find interest in the topic then I learn the topic best.

I feel the most stress when \_\_\_\_\_.

1. When I have to do a lot of task in a small time.

I find that I'm most comfortable when \_\_\_\_\_.

1. I am with my friends or in my comfort zone like the place where I have to share any type of topic with out any hesitation.

I find that \_\_\_\_\_ makes me uncomfortable.

1. People who have similar thought process like me makes me comfortable.

The thing I need the most help with is \_\_\_\_\_.

1. Improving my physical fitness and establishing a regular exercise routine.
2. And managing my time effectively to meet my work.

I'm most comfortable asking for help by \_\_\_\_\_.

1. Those people which I know personally.